

BELL-RINGER-9/20/13

1. What is the definition of first aid?
2. What does the acronym E.M.S. stand for?
3. What are the three emergency action steps designated by the American Red Cross? (clue- all begin with the letter "C")
4. What must be obtained prior to providing first aid or CPR to a conscious victim?

TAKING ACTION

Checking a conscious victim

1. Interview the victim and bystanders.
2. Check the victim from head to toe.

CONDUCTING INTERVIEWS

- Start by asking the victim and bystanders simple questions to learn more about what happened.
- Keep interviews brief.
- Remember to always first introduce yourself and obtain consent to give care.

CONDUCTING INTERVIEWS

Proceed by asking the following questions:

1. What happened?
2. Do you feel pain or discomfort anywhere? Ask the victim to describe the pain and identify the location. Ask the victim to rate the pain on a scale of 1-10 (1 being mild, 10 being severe).
3. Do you have any allergies?
4. Do you have any medical conditions or are you taking any medications?

CONDUCTING INTERVIEWS

The victim may not be able to provide all of the necessary information.

- Infants or children may be frightened or the victim may speak another language.
- Remember to question family members, friends, and bystanders as well.
- ***Always write down the information you gather or have someone else write it down for you.***

CHECK FROM HEAD TO TOE

- Do not move areas in which they have discomfort or if you suspect head, neck, or back injury.
- Check for fluids, bleeding, or wounds.
- Check skin color and temperature. Look for ID bracelets and necklaces.
- Check for observable signs of pain.
- Watch for changes in consciousness and breathing.

CHECK FROM HEAD TO TOE

STEPS TO FOLLOW:

1. Feel skin with back of your hand to determine temperature. Does it feel damp, dry, cool, or hot? Also, note if the skin color is red, pale, or ashen.
2. Ask the victim to move his or her head from side to side to check the neck.

CHECK FROM HEAD TO TOE

STEPS TO FOLLOW:

3. Ask the victim to shrug his or her shoulders to check the shoulders.
4. Ask the victim breathe deeply and then blow out to check the chest and abdomen.
5. Ask the victim to move his or her fingers, hands, and arms.
6. Ask the victim to bend his or her legs.

CHECK FROM HEAD TO TOE

STEPS TO FOLLOW:

7. If there are no signs of serious injury, help the victim into a comfortable position.
8. Help the person slowly stand when he or she is ready.

EXIT TICKET

1. What are three questions you should be prepared to answer when making a 9-1-1 call?
2. What is one key question you should ask when conducting an emergency interview?
3. List the six emergency moves that we covered in class.